



# EVENTS

## *Programming*

### JANUARY 14, 2026 – WEDNESDAY PROGRAM FOR DELEGATES

TIME	PROGRAM	PLACE
From 7 AM	Arrival of Delegates and Guests	Foz do Iguacu (PR)
2 PM	Board Meeting – FIEPS Brazil	House of Physical Education
4 PM	Meeting with FIEPS Delegates in Brazil	House of Physical Education
4 PM	Senior Happy Hour	Santo Cupim
6 PM	Social Event with Brazilian Delegates and Guests	JL Leisure Space

### JANUARY 15, 2026 – THURSDAY

TIME	PROGRAM	PLACE
7 AM to 9 AM	Accreditation	UDC
8 AM to 12 PM	1st Forum of Editors, Reviewers, and Scientific Researchers	UDC

<p><b>8 AM to 12 PM</b></p>	<p><b>Courses:</b>  <b>1 - Mobility Exercises for the Prevention and Rehabilitation of Sports Injuries – Prof. Dr. Fabiano de Almeida Furtado/MA</b>  <b>2 - Play, Sing, and Enchant with Recreation in Early Childhood, Elementary, and High School – Prof. Dr. Hani Awad/PR</b>  <b>3 - Biomechanics Applied to Strength Training – Prof. Dr. Braulio Lima/PA</b></p>	<p><b>UDC/Block D and Sports Court</b></p>
<p><b>12:10 PM to 1:20 PM</b></p>	<p><b>International Tchoukball Tournament</b></p>	<p><b>UDC/Court 2</b></p>
<p><b>1 PM to 2 PM</b></p>	<p><b>Accreditation</b></p>	<p><b>UDC</b></p>
<p><b>1:30 PM to 5:30 PM</b></p>	<p><b>Virtual Scientific Congress</b></p>	<p><b>UDC/Google Meet</b></p>
<p><b>1:30 PM to 5:30 PM</b></p>	<p><b>Courses:</b>  <b>4 - Dance: 50+ Health – Choreographer and Dancer Prof. Marcelo Grangeiro/SP</b>  <b>5 - Physical Exercise and Rehabilitation of Knee and Spine Injuries – Dr. Fabiano de Almeida Furtado/MA</b>  <b>6 - Teaching Methodology for Team Sports in Schools and Clubs – Dr. Dionisio Alencar/CE</b>  <b>7 - Physical Assessment Applied to Personalized Training – Dr. Paulo Eduardo Carnaval/CE</b></p>	<p><b>UDC/Block D and Sports Court</b></p>
<p><b>5:40 PM to 6:40 PM</b></p>	<p><b>Congressmen's Meeting</b></p>	<p><b>Santo Cupim</b></p>
<p><b>7 PM to 7:30 PM</b></p>	<p><b>Accreditation Opening</b></p>	<p><b>UDC Auditorium</b></p>
<p><b>7:30 PM</b></p>	<p><b>Cultural Presentation</b></p>	<p><b>UDC Auditorium</b></p>

7:40 PM	Opening Statement	UDC Auditorium
8 PM	Keynote Address with Prof. Dr. Claudio Augusto Boschi – President of CONFEF	UDC Auditorium
8:40 PM	Presentation of the TOP FIEPS Trophy – 22nd Edition 2025/26	UDC Auditorium
9 PM	Closing Ceremony	UDC Auditorium

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**JANUARY 16, 2026 – FRIDAY**

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TIME	PROGRAM	PLACE
7 AM to 9 AM	Accreditation	UDC
8 AM to 12 PM	Virtual Scientific Congress	UDC/Google Meet
8 AM to 12 PM	<p style="text-align: center;"><b>Courses:</b></p> <p style="text-align: center;">1 - Mobility Exercises for the Prevention and Rehabilitation of Sports Injuries – Prof. Dr. Fabiano de Almeida Furtado/MA</p> <p style="text-align: center;">2 - Play, Sing, and Enchant with Recreation in Early Childhood, Elementary, and High School – Prof. Dr. Hani Awad/PR</p> <p style="text-align: center;">3 - Biomechanics Applied to Strength Training – Prof. Dr. Braulio Lima/PA</p>	UDC/Block D and Sports Court
9 AM	FIEPS Action – Philatelic Club Meeting	UDC
12:10 PM to 1:20 PM	International Tchoukball Tournament	UDC/Court 2
1 PM to 2 PM	Accreditation	UDC
1:30 PM to 5:30 PM	Virtual Scientific Congress	UDC/Google Meet

<p><b>1:30 PM to 5:30 PM</b></p>	<p><b>Courses:</b></p> <p><b>4 - Dance: 50+ Health – Choreographer and Dancer Prof. Marcelo Grangeiro/SP</b></p> <p><b>5 - Physical Exercise and Rehabilitation of Knee and Spine Injuries – Dr. Fabiano de Almeida Furtado/MA</b></p> <p><b>6 - Teaching Methodology for Team Sports in Schools and Clubs – Dr. Dionisio Alencar/CE</b></p> <p><b>7 - Physical Assessment Applied to Personalized Training – Dr. Paulo Eduardo Carnaval/CE</b></p>	<p><b>UDC/Block D and Sports Court</b></p>
<p><b>3 PM</b></p>	<p><b>FIEPS Action – FIEPS World Meeting</b></p>	<p><b>UDC/Bloco D</b></p>
<p><b>5 PM to 6 PM</b></p>	<p><b>Accreditation</b></p>	<p><b>UDC</b></p>
<p><b>6 PM to 10 PM</b></p>	<p><b>Virtual Scientific Congress</b></p>	<p><b>UDC/Google Meet</b></p>
<p><b>6 PM to 10 PM</b></p>	<p><b>Courses:</b></p> <p><b>8 - Uncomplicated Ballroom Dancing Workshop: How to Teach Even Without Being a Professional Dancer – Prof. Choreographer and Dancer Marcelo Grangeiro/SP</b></p> <p><b>9 - Weight Training: Advanced Strategies for Hypertrophy and Performance in Training – Prof. Dr. Paulo Eduardo Carnaval/CE</b></p> <p><b>10 - Teaching Methodologies in School Physical Education: Innovation, Practices, and Pedagogical Transformation – Prof. Dr. Fernando Ferro/PR</b></p>	<p><b>UDC/Block D and Sports Court</b></p>
<p><b>7 PM to 10 PM</b></p>	<p><b>Senior Dinner and Senior Boy and Girl Selection – FIEPS/2026</b></p>	<p><b>Cachaçaria Água Doce</b></p>

## JANUARY 17, 2026 – SATURDAY

TIME	PROGRAM	PLACE
7 AM	Start of the 1st International FIEPS Pedal/2026 – BR – PY – AR	In front of UDC
7 AM to 9 AM	Accreditation	UDC
8 AM to 12 PM	In-Person Scientific Congress	UDC/Block D
8 AM to 12 PM	<p style="text-align: center;"><b>Courses:</b></p> <p style="text-align: center;">11 - Personal Trainer's Logbook – Prof. Renne Mazza/CE – Prof. Rômulo Vera/CE</p> <p style="text-align: center;">12 - Physiology and Strength Training – Prof. Dr. Fernando Ferro/PR</p> <p style="text-align: center;">13 - Hypnosis as a Tool for Weight Loss – Prof. Douglas Nunes/PR</p> <p style="text-align: center;">14 - Futsal: Training Methodologies and Task Organization – Prof. Dr. Marquinhos Xavier/RS</p>	UDC/Block D and Sports Court
9 AM	ABEF Action: General Assembly of the Brazilian Academy of Physical Education	Hotel Bella Itália
12:10 PM to 1:20 PM	International Tchoukball Tournament	UDC/Court 2
1 PM to 2 PM	Accreditation	UDC
1:30 PM to 5:30 PM	In-Person Scientific Congress	UDC/Block D

1:30 PM to 5:30 PM	<p><b>Courses: 4 hours long</b></p> <p><b>15 - Adapted Sports and Inclusion</b> – Prof. Dr. Fernando Ferro/PR</p> <p><b>16 - Dance and Gymnastics Workshop for Seniors</b> – Prof. Esp. Cristiano Silva/RS</p> <p><b>17 - Training Load Control: Tools and Techniques for Intelligent Training</b> – Prof. Me. Douglas Nunes/PR</p>	UDC/Block D and Sports Court
2 PM	FIEPS Action – 5th Meeting of Fiepiana Women	UDC/Block D
5 PM to 6 PM	Accreditation	UDC
6 PM to 10 PM	In-Person Scientific Congress	UDC/Block D
6 PM to 10 PM	<p><b>Courses:</b></p> <p><b>8 - Uncomplicated Ballroom Dancing Workshop: How to Teach Even Without Being a Professional Dancer</b> – Prof. Choreographer and Dancer Marcelo Grangeiro/SP</p> <p><b>9 - Weight Training: Advanced Strategies for Hypertrophy and Performance in Training</b> – Prof. Dr. Paulo Eduardo Carnaval/CE</p> <p><b>10 - Teaching Methodologies in School Physical Education: Innovation, Practices, and Pedagogical Transformation</b> – Prof. Dr. Fernando Ferro/PR</p>	UDC/Block D and Sports Court
6:30 PM to 7:30 PM	CEFIEPS Student Committee Meeting	UDC/Block D
8 PM	Fellowship Dinner and Tributes	To be confirmed
11 PM	FIEPS Action: Congress Party and Selection of the 2026 FIEPS Girl and Boy Award	Lobby Casa de Shows

## JANUARY 18, 2026 – SUNDAY

TIME	PROGRAM	PLACE
7 AM to 9 AM	Accreditation	UDC
8 AM to 12 PM	In-Person Scientific Congress	UDC/Block D
8 AM to 12 PM	<p style="text-align: center;"><b>Courses:</b></p> <p style="text-align: center;">11 - Personal Trainer's Logbook – Prof. Renne Mazza/CE – Prof. Rômulo Vera/CE</p> <p style="text-align: center;">12 - Physiology and Strength Training – Prof. Dr. Fernando Ferro/PR</p> <p style="text-align: center;">13 - Hypnosis as a Tool for Weight Loss – Prof. Douglas Nunes/PR</p> <p style="text-align: center;">14 - Futsal: Training Methodologies and Task Organization – Prof. Dr. Marquinhos Xavier/RS</p>	UDC/Block D and Sports Court
9 AM	FIEPS Action – Meeting of Physical Education Teachers Without Borders of FIEPS	UDC/Block D
12 PM	Closing and free afternoon for leisure and tourism	

